



Filiala Mehedinți - Mehedinți Branch  
www.ssmrmh.ro

**In  $\Delta ABC$ :**

**SZOLLOSY'S INEQUALITY**

$$\sqrt{bc(s-a)} + \sqrt{ca(s-b)} + \sqrt{ab(s-c)} \leq 3R\sqrt{s}$$

*Proof 1 by George Apostolopoulos-Messolonghi-Greece, Proof 2 by Serban George Florin-Romania , Proof 3 by Soumitra Mandal-Chandar Nagore-India  
Proof 4 by Myagmarsuren Yadamsuren-Darkhan-Mongolia, Proof 5 by Martin Lukarevski-Stip-Macedonia*

*Proof 1 by George Apostolopoulos-Messolonghi-Greece*

**From Cauchy – Schwarz Inequality, we have**

$$\begin{aligned} \left( \sqrt{bc(s-a)} + \sqrt{ca(s-b)} + \sqrt{ab(s-c)} \right)^2 &\leq \\ &\leq (bc + ca + ab)(s-a + s-b + s-c) \leq \\ &(a^2 + b^2 + c^2) \cdot s \leq 9R^2 \cdot s \end{aligned}$$

**Namely:**

$$\sqrt{bc(s-a)} + \sqrt{ca(s-b)} + \sqrt{ab(s-c)} \leq 3R \cdot \sqrt{s}$$

**Equality holds when the triangle is equilateral.**

*Proof 2 by Serban George Florin-Romania*

$$\begin{aligned} \sum \sqrt{bc(s-a)} &\leq 3R\sqrt{s}, s = \frac{a+b+c}{2} \\ \left( \sum \sqrt{bc(s-a)} \right)^2 &= \left( \sum \sqrt{bc} \cdot \sqrt{s-a} \right)^2 \stackrel{CBS}{\leq} \left( \sum \sqrt{bc^2} \right) \left( \sum \sqrt{s-a}^2 \right) = \\ &= (ab + bc + ac)(3s - 2s) = s(ab + bc + ac) \\ \Rightarrow \sum \sqrt{bc(s-a)} &\leq \sqrt{s} \cdot \sqrt{ab + bc + ac} \leq 3R \cdot \sqrt{s} \end{aligned}$$



Filiala Mehedinți - Mehedinți Branch  
www.ssmrmh.ro

$$\begin{aligned}
 &\Rightarrow \sqrt{ab + bc + ac} \leq 3R \Rightarrow ab + bc + ac = R^2 \\
 &ab + bc + ac \leq a^2 + b^2 + c^2 = 2p^2 - 2r^2 - 8Rr \leq 9r^2 \\
 &\Rightarrow 2p^2 \leq 9R^2 + 2r^2 + 8Rr \\
 &\text{GERRETSEN } p^2 \leq 4R^2 + 4Rr + 3r^2 \mid \cdot 2 \\
 &2p^2 \leq 8R^2 + 8Rr + 6r^2 \leq 9R^2 + 2r^2 + 8Rr \\
 &\Rightarrow R^2 \geq 4r^2 \Rightarrow R \geq 2r \text{ (Euler)}
 \end{aligned}$$

Proof 3 by Soumitra Mandal-Chandar Nagore-India

$$\begin{aligned}
 \sum_{cyc} \sqrt{bc(s-a)} &\stackrel{\text{Cauchy-Schwarz}}{\leq} \sqrt{(ab + bc + ca)(s-a + s-b + s-c)} \\
 &= \sqrt{s(ab + bc + ca)} \leq 3R\sqrt{s} [\because ab + bc + ca \leq 9R^2]
 \end{aligned}$$

Proof 4 by Myagmarsuren Yadamsuren-Darkhan-Mongolia

$$\begin{aligned}
 &LHS \leq RHS \mid \cdot 2\sqrt{s} \\
 &\sum_{\Delta} 2 \cdot \sqrt{bc \cdot s(s-a)} \leq 6R \cdot s \text{ (ASSURE)} \\
 &\sum_{\Delta} (b+c) \cdot \frac{2 \cdot \sqrt{bc \cdot s(s-a)}}{b+c} = \sum_{\Delta} (b+c) \cdot l_a = \\
 &\stackrel{CBS}{\leq} \sqrt{\sum_{\Delta} (b+c)^2 \cdot \sum_{\Delta} l_a^2} \quad (*) \\
 &a) \sum (b+c)^2 = 2 \cdot (\sum (a^2 + bc)) \leq 4 \cdot \sum a^2 \leq 36R^2 \\
 &b) \sum l_a^2 = \sum \left( \sqrt{s(s-a)} \right)^2 = s(s-a + s-b + s-c) = s^2 \\
 &(*); a); b) \Rightarrow \\
 &\sum (b+c) \cdot l_a \leq \sqrt{\sum_{\Delta} (b+c)^2 \cdot \sum_{\Delta} l_a^2} \leq \sqrt{36R^2 \cdot s^2} = 6R \cdot s
 \end{aligned}$$

**SOCIETATEA DE ȘTIINȚE MATEMATICE DIN ROMÂNIA**  
**ROMANIAN MATHEMATICAL SOCIETY**



**Filiala Mehedinți - Mehedinți Branch**  
**www.ssmrmh.ro**

**Szollósy's inequality.** In a triangle  $ABC$  let  $a, b, c$  be the sides of the triangle,  $s$  its semiperimeter and  $R$  the circumradius. Prove that

$$\sqrt{bc(s-a)} + \sqrt{ca(s-b)} + \sqrt{ab(s-c)} \leq 3R\sqrt{s}.$$

Solution. The stronger inequality

$$\sqrt{bc(s-a)} + \sqrt{ca(s-b)} + \sqrt{ab(s-c)} \leq 2(R+r)\sqrt{s}$$

holds. We use an equivalent form of the Gerretsen's inequality [1]

$$ab + bc + ca \leq 4(R+r)^2.$$

By Cauchy-Schwarz, we get

$$\begin{aligned} \sqrt{bc(s-a)} + \sqrt{ca(s-b)} + \sqrt{ab(s-c)} &\leq (ab + bc + ca)^{1/2} ((s-a) + (s-b) + (s-c))^{1/2} \\ &\leq 2(R+r)\sqrt{s} \end{aligned}$$

which proves the inequality.

**References**

- [1] M. Lukarevski, *An alternate proof of Gerretsen's inequalities*, Elem. Math. **72**, (2017), 2-8

MARTIN LUKAREVSKI, DEPARTMENT OF MATHEMATICS AND STATISTICS, UNIVERSITY "GOCE  
DELCEV" - STIP, MACEDONIA

*E-mail address:* martin.lukarevski@ugd.edu.mk